TEAM UNIFY / SPORTS ENGINE 101

Once your site coach has entered you and your swimmer into Team Unify / Sports Engine, you should receive an email requiring you to confirm your email address. Once you confirm your email address, you will be directed to a confirmation page.
If you have not been invited to create a password for your account, go to
https://www.gomotionapp.com/team/galtfa/page/home
and click "Sign In" and then "Forgot Password". It will send a password reset email to your email and you can create your account password from there.

Your login information will be your email address (the one you received the Team Unify / Sports Engine email from) and the password that you created. Once you are logged in, you should be on the home page.

WHAT IS TEAM UNIFY / SPORTS ENGINE?

Team Unify / Sports Engine is our way of communicating with you through email and also the medium we use for you to sign your swimmer(s) up for meets.

HOW DO I SIGN UP FOR A MEET?

The next step is to click on the "Events" tab in the top bar.

Life Time Georgia

Our team is a year-round competitive USA Swimming team offering high quality, professional coaching and technique instruction for all ages and abilities. The goal of our team is to promote a lifetime of wellness through the sport of swimming in a safe and supportive environment.

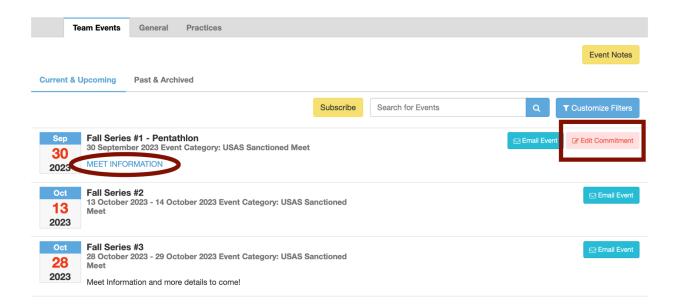| HOME | SWIM TEAM ⌄ | EQUIPMENT & APPAREL | DOCUMENTS | EVENTS ⌄ | TEAM RECORDS | SAFE SPORT | SCHEDULE | SUMMER LEAGUE |

Once you've clicked the "Events" tab, you should see a list of upcoming swim meets and events. Make sure you read the details to see if they apply to you. For example, some may say "must have qualifying times to attend" and would not apply to the whole team.
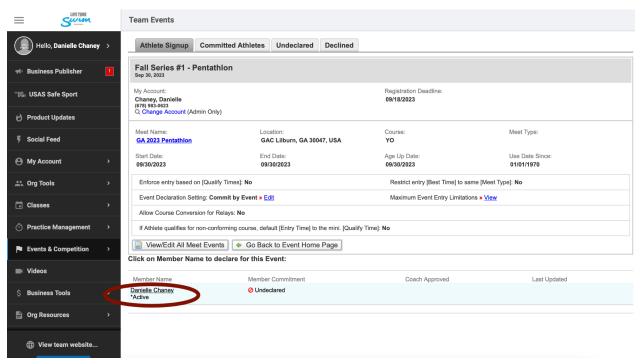Scroll down to the one you would like to attend. If you would like to look at the meet information document, click on the link for "MEET INFORMATION" under the event title.This document will show you the order of events, warm up times, and what events are offered, as well as the address and location of the meet and other details.
Once you've read the document and decide to compete, it's time to commit your swimmer. Click on the "Attend/Decline" or "Edit Commitment" button in the top right hand corner of that screen, or simply go back to the previous screen and click "Attend/Decline" or "Edit Commitment". *(It will say "Edit Commitment" if you've already made a commitment one way or the other and want to change it. If you've done nothing with the meet previously, it will still just say "Attend/ Decline".)*
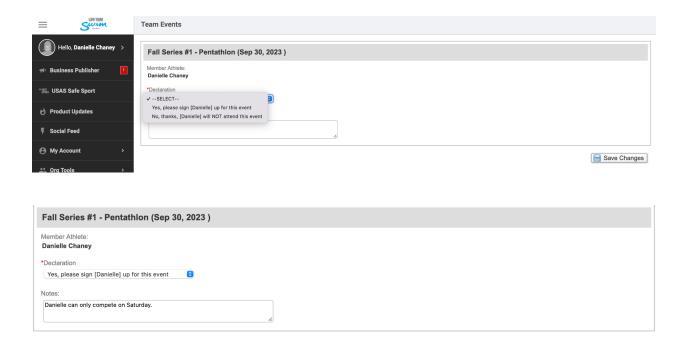
After clicking the "Attend/Decline" or "Edit Commitment" button as shown above, you will be redirected to the following screen to commit your swimmer.
For this example case, I've used myself. Your swimmer's name will be in place of me. Here you can see your swimmer's status for the meet, whether they've been committed or not committed. For this example, I have not been committed (undeclared). Click on your swimmer's name.

After clicking on your swimmer's name, you will be directed to commit or decline your swimmer for the meet, with the option to write any notes you may have for your site coach in the box underneath your swimmer's commitment.

Click the drop-down menu and choose to commit or decline your swimmer for the meet. You will choose "Yes, please sign up _____ for the event" if you wish for your swimmer to compete. In the open box below that, you may write any notes for the coaches such as days/sessions they are available to compete in if it's a multiple day meet or which events you would prefer them to swim if possible, but you don't have to. (Remember the coaches have the final say in events).

Team Events

Fall Series #1 - Pentathlon (Sep 30, 2023)

Member Athlete:
Danielle Chaney

*Declaration

✓ --SELECT--
Yes, please sign [Danielle] up for this event
No, thanks, [Danielle] will NOT attend this event

Save Changes

Fall Series #1 - Pentathlon (Sep 30, 2023)

Member Athlete:
Danielle Chaney

*Declaration
Yes, please sign [Danielle] up for this event

Notes:
Danielle can only compete on Saturday.

Once you commit your swimmer, scroll down on the page to see the events available for your swimmer. You will see a list of events, organized by day a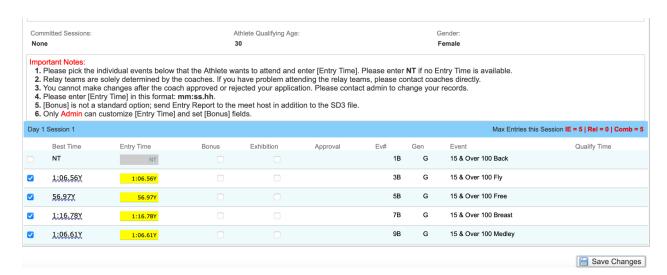nd session. The blue bar at the top of each section tells you what Day and Session these events are for, which will be helpful to compare with the warm-up and start times in the meet document for planning purposes.

The right side of the bar tells you how many "IE" (individual events) a swimmer can enter for that session, how many "RE" (relay events) they can enter, and how many "Comb" or combined events (total number of events) they are allowed to be entered into for the session. Most times you just need to worry about IE (individual events). And the entry file will usually not let you pick more events than allowed.

Team Events

Meet Name:	Location:	Course:	Meet Type:
GA 2023 Pentathlon	GAC Lilburn, GA 30047, USA	YO	

Start Date:	End Date:	Age Up Date:	Use Date Since:
09/30/2023	09/30/2023	09/30/2023	01/01/1970

Enforce entry based on [Qualify Times]: **No**	Restrict entry [Best Time] to same [Meet Type]: **No**
Event Declaration Setting: **Commit by Event** » Edit	Maximum Event Entry Limitations » View
Allow Course Conversion for Relays: **No**	
If Athlete qualifies for non-conforming course, default [Entry Time] to the mini. [Qualify Time]: **No**	

Committed Sessions:	Athlete Qualifying Age:	Gender:
None	**30**	**Female**

Important Notes:
1. Please pick the individual events below that the Athlete wants to attend and enter [Entry Time]. Please enter **NT** if no Entry Time is available.
2. Relay teams are solely determined by the coaches. If you have problem attending the relay teams, please contact coaches directly.
3. You cannot make changes after the coach approved or rejected your application. Please contact admin to change your records.
4. Please enter [Entry Time] in this format: **mm:ss.hh**.
5. [Bonus] is not a standard option; send Entry Report to the meet host in addition to the SD3 file.
6. Only Admin can customize [Entry Time] and set [Bonus] fields.

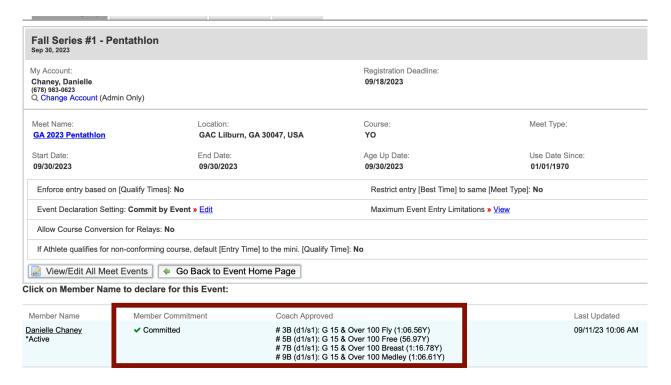| Day 1 Session 1 | | | | | | | Max Entries this Session **IE = 5 | Rei = 0 | Comb = 5** | |
|---|---|---|---|---|---|---|---|---|
| | Best Time | Entry Time | Bonus | Exhibition | Approval | Ev# | Gen | Event | Qualify Time |
| ☐ | NT | NT | ☐ | ☐ | | 1B | G | 15 & Over 100 Back | |
| ☐ | 1:06.56Y | 1:06.56Y | ☐ | ☐ | | 3B | G | 15 & Over 100 Fly | |
| ☐ | 56.97Y | 56.97Y | ☐ | ☐ | | 5B | G | 15 & Over 100 Free | |
| ☐ | 1:16.78Y | 1:16.78Y | ☐ | ☐ | | 7B | G | 15 & Over 100 Breast | |
| ☐ | 1:06.61Y | 1:06.61Y | ☐ | ☐ | | 9B | G | 15 & Over 100 Medley | |

Save Changes

From here, you compare your personal schedule and the meet document information to figure out what sessions you should enter your swimmer into, and pick their events! The example

above only has one session to choose from, but most meets have multiple. To pick the events, you go to the left-hand column and check the boxes. The ones you enter your swimmer into will turn yellow. "NT" just means "No Time", meaning your swimmer does not yet have a time for that event. The times that appear if there are times should be your swimmer's fastest short course times.

When you finish selecting, you click "Save Changes" at the bottom right-hand corner and you're done!
You will then be redirected back to the pre-commitment page, where all the events you chose and your commitment status will be listed next to your swimmer's name. This is where you can then repeat the process if you have multiple swimmers. Coaches will later go in and approve the events and make any changes they feel necessary.

Once you've checked over your entries, if you have any additional questions, please contact your head site coach!